



Timetable

Friday 26th July 2024 *

Gorey Castle

16:00
Entry to the Castle

16:45
Welcome & Official Opening by
Lieutenant Governor

17:00
Family Forms Divisions**

Kenpo forms performed by a team of
siblings or family members, maximum
team size of 5

18:00
Demo Teams Competition**

Teams of 5-8 members performing a
choreographed demo that highlights
Kenpo Karate.

19:00
Live video link with our special
guest

19:30 - 21:00
BBQ and refreshments

* All participants must purchase an entry ticket to the
Castle which includes the BBQ.
(Vegan option available)
£35 per adult, £25 per child.

** Friday Competition Divisions are free to enter.

Saturday 27th July 2024 ***

Fort Regent

10:00 - 12:30
Seminars and Workshops

12:30 - 13:30
Lunch break

13:30 - 15:00
Seminars and Workshops

15:00 - 15:30
Memories of Mr Parker

Exhibition of Jersey Kenpo History

Sunday 28th July 2024 ***

Fort Regent

10:00 - 15:00
Competition Day!

*** Cost of £50 per adult, £40 per child for Saturday and
Sunday inclusive. Spectators free!

Contact

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Spark, Keeping the Flame alive.